



## COURSE OUTLINE: EST208 - PRACTICUM

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Approved: Karen Hudson - Dean

<b>Course Code: Title</b>	EST208: PRACTICUM
<b>Program Number: Name</b>	2017: ESTHETICIAN
<b>Department:</b>	ESTHETICIAN
<b>Academic Year:</b>	2025-2026
<b>Course Description:</b>	A student run, on-site spa setting provides students with the opportunity to advance their skills in esthetic practice, gain confidence and independence in their skills by working with the general public and become aware of overall procedures within the industry including reception, retailing products and services, as well as positive customer service techniques.
<b>Total Credits:</b>	9
<b>Hours/Week:</b>	7
<b>Total Hours:</b>	91
<b>Prerequisites:</b>	EST117, EST145, EST166, EST167, EST168, EST169
<b>Corequisites:</b>	There are no co-requisites for this course.
<b>Vocational Learning Outcomes (VLO's) addressed in this course:</b>	<b>2017 - ESTHETICIAN</b>
<b>Please refer to program web page for a complete listing of program outcomes where applicable.</b>	VLO 1 Perform a variety of specialized body and skin care treatments following correct procedures and precautions and supporting client needs (including and not limited to facials, manicures, pedicures, hair removal, and make up applications).
	VLO 2 Use a range of specialized equipment and products, in compliance with established national, provincial, industry, and other related standards, regulations, policies, and procedures.
	VLO 3 Apply relevant knowledge of anatomy, physiology, and histology to the provision of specialized esthetic treatments and services.
	VLO 4 Adhere to health, safety, sanitation, and infection and prevention control guidelines, according to current legislation and national, provincial, municipal, and industry standards and regulations.
	VLO 5 Identify business skills and activities required for the successful establishment and operation of a small esthetic business in a salon or spa environment.
	VLO 6 Select and recommend the use of esthetic products and product ingredients to clients, taking into account health status and identified needs.
	VLO 7 Establish and maintain professional relationships in adherence to standards and ethics associated with the profession.
	VLO 8 Develop customer service strategies that meet and adapt to individual needs and expectations in accordance with professional standards and ethics.
	VLO 9 Determine professional development strategies that lead to the enhancement of work performance and career opportunities and keep pace with industry change.
<b>Essential Employability</b>	



**Skills (EES) addressed in this course:**

- EES 3 Execute mathematical operations accurately.
- EES 4 Apply a systematic approach to solve problems.
- EES 5 Use a variety of thinking skills to anticipate and solve problems.
- EES 6 Locate, select, organize, and document information using appropriate technology and information systems.
- EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.
- EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.
- EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- EES 10 Manage the use of time and other resources to complete projects.
- EES 11 Take responsibility for ones own actions, decisions, and consequences.

**Course Evaluation:**

Satisfactory/Unsatisfactory  
&  
A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.

**Other Course Evaluation & Assessment Requirements:**

This course is graded on an S (Satisfactory) and U (Unsatisfactory).  
In order to successfully complete this course, students must meet the requirements in ALL of the following areas:  
1. Each student is expected to complete 91 hours in the spa at Sault College.  
2. Successful demonstration of all the learning outcomes of the course.

**Course Outcomes and Learning Objectives:**

<b>Course Outcome 1</b>	<b>Learning Objectives for Course Outcome 1</b>
1. Perform, with proficiency and independence, a variety of specialized body/skin treatments and spa treatments following correct procedures and precautions and supporting client needs (including and not limited to facials, acne and hydration treatments, microdermabrasion, manicures, pedicures, hair removal, and make up applications).	1.1 Conduct an in depth skin analysis and record the observations and the client's health history to determine service expectations, customized treatments, modifications, or contraindications. 1.2 Use various mediums and techniques required for the safe removal of facial and body hair with soft and hard wax. 1.3 Perform and customize hand and foot treatments and the complete steps of professional manicures and pedicures, and explain the required modifications and procedures for effective home maintenance. 1.4 Apply makeup according to the client's needs and preferences. 1.5 Determine contraindications and necessary modifications to treatments, utilizing information related to product ingredients and client health history.
<b>Course Outcome 2</b>	<b>Learning Objectives for Course Outcome 2</b>
2. Use a range of specialized equipment and products, in compliance with established national, provincial, industry, and other related standards,	2.1 Use safe and effective cleaning and disinfection or sterilization methods for instruments, specialized equipment, client draping materials, work surfaces, and work stations as required by local public health units. 2.2 Use machines and electrical equipment such as facial steamers, brushing machine, high frequency, galvanic and



	regulations, policies and procedures.	microdermabrasion machines safely and appropriately while conducting professional skin care treatments. 2.3 Use manicure and pedicure instruments in a safe, correct, and professional manner, considering client health history and needs. 2.4 Correctly operate and determine maintenance requirements for equipment in compliance with occupational health and safety legislation, regulations, national and provincial infection prevention and control guidelines, policies and procedures. 2.5 Maintain and store all instruments, materials and supplies according to manufacturer's guidelines and as required by local public health units.
	<b>Course Outcome 3</b>	<b>Learning Objectives for Course Outcome 3</b>
	3. Apply relevant knowledge of anatomy, physiology, and histology to the provision of specialized esthetic treatments and services.	3.1 Apply knowledge of the structure and composition of the skin, identifying skin types, skin disorders, and related conditions. 3.2 Assess the impact of general health, age, gender, nutrition, and diet, stress, and external environmental factors on the skin and determine appropriate skin care treatments. 3.3 Apply knowledge of body systems, such as immune and circulatory systems, and apply their basic functions to the provision of esthetic services, taking into account contraindications, cautions, and appropriate modifications.
	<b>Course Outcome 4</b>	<b>Learning Objectives for Course Outcome 4</b>
	4. Adhere to health, safety, sanitation, and infection and prevention control guidelines, according to current legislation and national, provincial, municipal, and industry standards and regulations.	4.1 Practice safe cleaning and disinfection or sterilization methods during treatments, in accordance with national, provincial, and municipal regulations, and manufacturer's guidelines. 4.2 Clean and disinfect or sterilize tools after each use, keep work stations clean, and safely dispose of non reusable items, in accordance with proper hygiene procedures as required by local public health units. 4.3 Use gloves, mask, eye protection, and other suitable personal protective equipment appropriately during the provision of treatments to ensure safety of the client and others. 4.4 Seek out information and follow guidelines pertaining to occupational health and safety legislation, regulations, established policies and procedures, and relevant municipal by laws. 4.5 Handle hazardous materials and dispose of waste and equipment in compliance with current legislation, municipal by laws, regulations, standards, and established policies and procedures.
	<b>Course Outcome 5</b>	<b>Learning Objectives for Course Outcome 5</b>
	5. Select and recommend the use of esthetic products and product ingredients to clients, taking into account	5.1 Take into account skin types and conditions to recommend to clients specific ingredients in esthetic products and appropriate treatments for each skin type and condition. 5.2 Identify the properties, classifications, effects, and

	health status and identified needs.	<p>contraindications of a variety of ingredients found in esthetic products.</p> <p>5.3 Consult with and recommend to clients essential home maintenance products in order to maintain the health of the skin and nails.</p> <p>5.4 Promote the features and benefits of esthetic products and services to clients to assist them in determining a course of action matched to their needs, lifestyle, and personal preferences.</p> <p>5.5 Explain a home maintenance schedule and demonstrate to the client the correct usage of various skin, nail care products and tools.</p> <p>5.6 Explain to the client the benefits and effects of ingredients used in body, skin and nail care.</p>
	<b>Course Outcome 6</b>	<b>Learning Objectives for Course Outcome 6</b>
	6. Establish and maintain a professional image and professional relationships in adherence to standards and ethics associated with the profession.	<p>6.1 Adhere to professional expectations for dress, hygiene, and grooming (Esthetician Diploma Program Policies and Procedures).</p> <p>6.2 Adhere to the Code of Ethics associated with the Esthetic Industry.</p> <p>6.3 Comply with the Student Code of Conduct regarding behaviour.</p> <p>6.4 Comply with the terms of the Confidentiality Agreement.</p> <p>6.5 Demonstrate punctual and regular attendance.</p> <p>6.6 Demonstrate accountability for your academic and professional growth.</p> <p>6.7 Employ effective interpersonal, verbal, and non verbal communication skills in dealing with clients, peers, supervisors and professors.</p> <p>6.8 Conduct a professional client consultation and needs analysis and elicit appropriate information in order to recommend a range of customized esthetic services.</p> <p>6.9 Comply with and promote municipal, provincial, and federal regulations related to Esthetician licensing, insurance, registration, and certification, where appropriate.</p>
	<b>Course Outcome 7</b>	<b>Learning Objectives for Course Outcome 7</b>
	7. Develop customer service strategies that meet and adapt to individual needs and expectations in accordance with professional standards and ethics.	<p>7.1 Determine the characteristics and benefits of excellent customer service.</p> <p>7.2 Recommend services and products to meet individual needs and expectations.</p> <p>7.3 Use effective communication skills and problem solving strategies to respond to customer complaints in the Esthetician practice setting.</p> <p>7.4 Adhere to codes of ethics and conduct related to quality customer service.</p> <p>7.5 Analyze the impact of excellent customer service and the ability to promote home maintenance products on the success of the professional Esthetician practice.</p>
	<b>Course Outcome 8</b>	<b>Learning Objectives for Course Outcome 8</b>

	<p>8. Determine professional development strategies that lead to the enhancement of work performance and career opportunities and keep pace with industry change.</p>	<p>8.1 Solicit constructive feedback relating to one performance, strengths, and limitations to identify areas for professional growth and development.        8.2 Determine current trends and issues impacting upon the delivery of esthetic services.        8.3 Review the role and mandate of professional associations affiliated with the esthetician field of practice.        8.4 Identify learning resources and opportunities which promote professional competence and skill development.        8.5 Identify specific pricing and promotions strategies required for the successful operation of a small esthetic business in a salon or spa environment.        8.6 Identify strategies for an effective display of retail esthetic products.        8.7 Contribute to the maintenance of client files by accurately recording written information.</p>
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<b>Date:</b>	June 17, 2025
<b>Addendum:</b>	Please refer to the course outline addendum on the Learning Management System for further information.